

ELITE STUDIOS

2019 - 2020 PERFORMANCE DIVISION CLASS SCHEDULE



MINI FOUNDATIONS

A Mommy + Me class for ages 18 - 36 months.



Thursday | 11 - 11:45 AM

LITTLE FOUNDATIONS 3 - 4

A ballet/tap combination class for ages 3 - 4. This class introduces the youngest dancer to the basis of dance training in a 1 hr class.



Monday | 2:30 - 3:30 PM

Wednesday | 11 - 12 PM

Wednesday | 2:30 - 3:30 PM

Thursday | 2 - 3 PM

Saturday | 9 - 10 AM

LITTLE FOUNDATIONS 5 - 6

A ballet/tap combination class for ages 5 - 6. This class introduces the youngest dancer to the basis of dance training in a 1 hr class.



Monday | 4 - 5 PM

Tuesday | 4 - 5 PM

Thursday | 4 - 5 PM

Saturday | 10 - 11 AM

FOUNDATIONS 1 & 2

A ballet/tap/jazz combination class for 1st & 2nd grade dancers. This class continues to establish the basis of dance training in a 1.5 hr class.



Thursday | 4 - 5:30 PM - Foundations 1 + 2 (1st & 2nd Grade)

Monday | 4:15 - 5:45 PM - Foundations 1 + 2 (1st & 2nd Grade)

Saturday | 11 - 12:30 PM - Foundations 1 + 2 (1st & 2nd Grade)

ELEMENTARY HIP HOP 5 - 8

A class designed as an introduction to hip hop styles that is engaging and high energy for ages 5 - 8.



Monday | 3:30 - 4:15 PM

Thursday | 3:45 - 4:30 PM

Friday | 4 - 4:45 PM

Ages for classes are determined by the dancer's age as of October 1, 2019.

Call us at
404.500.1738

5962 Roswell Road
Sandy Springs, GA
30328

info@elitestudiosatl.com
www.elitestudiosatl.com

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LEVEL 1, 2, 3 CLASSES

Once a dancer reaches a certain age level, each discipline of dance is offered in a class devoted to that style. Individual discipline classes are offered to dancers starting at the 3rd grade and offered through the 12th grade. Classes are divided by age level (1, 2, 3). Level 1 is for dancers enrolled in grades 3 - 5. Level 2 is for dancers enrolled in grades 6 - 8. Level 3 is for dancers enrolled in grades 9 - 12. Elite Studios' schedule is designed for dancers within each level to take a multitude of styles in one day.

LEVEL 1 CLASSES - 3 - 5 GRADE

Ballet 1 | Monday | 5 - 5:45 PM
Jazz 1 | Monday | 5:45 - 6:30 PM
Lyrical + Contemporary 1 | Monday | 6:30 - 7:15 PM*
Jazz 1 | Tuesday | 4 - 4:45 PM
Hip Hop 1 | Thursday | 4:30 - 5:15 PM
Hip Hop 1 | Friday | 4:45 - 5:30 PM
Tap 1 | Thursday | 5:15 - 6 PM

*The style of this class will alternate each week!

LEVEL 2 CLASSES - 6 - 8 GRADE

Jazz 2 | Monday | 7:15 - 8 PM
Lyrical + Contemporary 2 | Monday | 8 - 8:45 PM*
Hip Hop 2/3 | Thursday | 7:30 - 8:15 PM
Hip Hop 2 | Friday 5:30 - 6:15 PM
Tap 2/3 | Wednesday | 8 - 8:45 PM

*The style of this class will alternate each week!

LEVEL 3 CLASSES - 9 - 12 GRADE

Ballet 3 | Monday | 6:45 - 7:30 PM
Jazz + Lyrical 3 | Monday | 7:45 - 8:30 PM*
Hip Hop 3 | Monday | 8:30 - 9:15 PM
Hip Hop 2/3 | Thursday | 7:30 - 8:15 PM
Tap 2/3 | Wednesday | 8 - 8:45 PM

*The style of this class will alternate each week!

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ALL BOYS HIP HOP

Our all boys hip hop class is for boys that want to take class in a comfortable, positive environment that empowers young boys to dance out their energy and develop strong hip hop style & choreography skills!

◀ Saturday | 10 - 10:45 AM | Ages 5 - 8

TUMBLING CLASSES

Tumbling classes are offered based on skill level. Please use the following guidelines when determining which class is best suited for your dancer.

Elementary Tumbling | Saturday | 9 - 9:45 AM

- Elementary Tumbling is a introduction to tumbling for dancers ages 5 - 8 with little to no previous experience.

◀ Beginner Tumbling | Saturday | 9:45 - 10:30 AM

- Skills in this class include: cartwheels, round-offs, front walkovers, back walkovers, front limbers, back walkovers, single arm cartwheels, working up to aerials, etc.

Intermediate Tumbling | Saturday | 10:30 - 11:15 AM

- Skills for this class include: front walkover, back walkover, front limber, back handsprings, aerials, etc.

Advanced Tumbling | Saturday | 11:15 - 12 PM

- Skills in this class include: Aerials, working up to front aerials, standing back handsprings, running back handsprings, working up to multiple back handsprings, working up to standing back tucks, working up to running back tucks, etc.

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